

RMT Winnipeg

RMT Winnipeg - Aura Cleansing - Cleansing the auric field could be done by means of the healers hands or by the use of crystals. The point is to eliminate blockages or energy or dark energies within the auric field. The healer afterward infuses the aura with light, rebalances and reshapes it and lastly energizes it with positive energy.

BioGenesis - The method of BioGenesis is carried out utilizing colored glass wheel which are able to harness energy and transfer the created energy into your energy body. The BioGenesis healer would normally have you lie upon a table and try to get you to a point of deep relaxation. He or she positions the small glass wheels on various parts of your physical body so as to anchor the light of creation inside your energy body.

Chakra Healing - Chakra healing goes deep to the core of your energy body and clears out blockages. It opens the channel that connects your seven chakra centers. This energy healing is accomplished in different techniques and is can be successfully combined along with Emotional Freedom technique tapping and Rapid Eye Movement therapy.

Crystal Healing - Crystal healing practitioners make use of various semi-precious and precious crystals and stones to be able to help balance and heal your physical body and your energy body. By combining the vibration frequency of different colored stones together with the vibratory frequency of crystal energy helps regulate your energy field to a higher level.

Matrix Energetics - This type of energy healing was discovered by a Chiropractor named Dr. Richard Bartlett. He designed Matrix Energetics to introduce the idea of going beyond the whole concept of a healing problem to source what he calls a solution set. The techniques depend on the two point system archetype, on active imagination, gentle touch, likewise time travel as well as a set of 21 healing frequencies.

Qigong - Translating as "energy cultivation", Qigong is a set of practices concentrating on breathing methods. In the Qigong method, there are four different forms of methods.: the focused visualization, active movement, static hold of certain postures and utilizing certain tools like for instance body manipulations and herbs. These techniques are used to support and rebalance a healthy energy system.

Reiki - Japanese Buddhist Mikao Usui first received or "discovered" - Reiki during 1922. Energy healers need to go through a system of three degree levels. Each level works directly with the energy body. In Reiki, there are a series of set hand patterns over particular parts of the body. Generally, in Reiki there is no physical contact involved even if, some Reiki practitioners could make use of some light touch over areas.

Shamanic Healing - Shamanic energy healers use spirit allies in order to assist their healing powers for others. Often, a Shamanic healing begins by taking a "visualization journey" while the Shaman rapidly beats a drum. In the end, the client and the Shaman are in a trance like state. After they have both relaxed into the trance condition, the Shaman who is usually sitting or lying beside the client, will come across spiritual helpers, animal totems, angels or the client's higher self so as to find the problem inside the energy field and source the energy tools needed so as to heal the issue.