

## Rehab Winnipeg

Rehab Winnipeg - EECF therapy is an outpatient treatment used for heart failure and angina. For people who suffer from these conditions, simple activities like for example getting the mail or walking the dog can be really difficult. If you or maybe somebody you know experiences heart failure or angina, the non-invasive treatment called EECF therapy can be helpful. Statistics show that approximately 80 percent of patients who complete the 35 hour course of EECF therapy report substantial symptom relief which could last up to 3 years.

EECF therapy has been proven useful for heart failure and angina treatment. Treatments can be given for one hour a day, up to 5 days a week for as many as 35 hours. A treatment will usually require lying on a table making use of big blood pressure like cuffs wrapped all-around your buttocks and legs. At particular times in between your heartbeats, these cuffs deflate and inflate. A continuous ECG or electro cardiogram is used to set the timing. This insures that the cuffs inflate while the heart is in its resting state where it normally receives its supply of blood and oxygen. Then the cuffs deflate at the end of that rest period, just before the next heartbeat. The patient has on a special sensor on their finger to be able to monitor the levels of oxygen in their blood. The sensor likewise monitors the pressure waves created by the cuff deflations and inflations.