

EMS Winnipeg

EMS Winnipeg - The method of combining a hot compress and a cold compress along with EMS or otherwise called electrical muscle stimulation is a therapy referred to as Constitutional Hydrotherapy. This therapy stimulates the immune system allowing the patient to reposition from a dominant sympathetic state to a much more calm parasympathetic state, that really helps to stimulate the bodies healing process. The electrical muscle stimulation causes muscular tightening to increase lymph and venous blood flow.

Constitutional Hydrotherapy is even utilized as a complementary treatment meant for a wide range of physical conditions including irritable bowel syndrome, asthma, respiratory infections, premenstrual syndrome plus several other health conditions in order to help support the immune system. Generally, patients could require as many as ten treatments to be able to notice results.